



Kimberly Lyall

INSPIRATION • EMPOWERMENT • RESULTS

**Keynote Speaker, Facilitator,
Breakout Presenter, Consultant**

*"If you are looking to hire a high-impact, professional speaker whom **your attendees will talk about long after your event**, look no further than Kimberly Lyall. Her presentation was engaging, heartfelt and extremely well-received."*

*- Ashley Walker & Whitney Bullock,
Pink Tie Events Inc.*

Kimberly changes lives.

For more than 25 years Kimberly has enthralled people around the world with her ability to take them on a journey about themselves. Her energy and connection with audiences make **Kimberly a powerful presence**. She captivates listeners, encouraging all to live courageously and fully.

Kimberly's story is one of incredible highs and lows. Becoming a CEO at the age of 26 years, only to have an employee commit fraud and then suicide, is just one of the traumas that she's survived.

Nearly a decade of supporting her spouse through life-saving surgeries, while advocating for herself against a wrongful dismissal, tested every ounce of courage she had.

Kimberly has learned that climbing out of the darkness is about more than finding safety and success. **True resilience embraces growth, change, and all we are meant to be.**

In a world that is weary from constant strain and loss, **Kimberly's message provides hope that there is a way forward.**



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Some of Kimberly's clients:



PolicyWise
for Children & Families



Lethbridge Family
Services
Since 1910



GO BEYOND



DHILLON
SCHOOL OF BUSINESS





High Impact Keynotes & Breakouts



Breaking Barriers

Fears and insecurities hold us hostage from living the lives we want. This keynote helps audiences recognize their true potential and how NO isn't an answer, especially when it comes from ourselves.



This Awesome Life

Life can be awesome even when we are exhausted, weary, and overwhelmed. This keynote introduces how perspective and AWE - Age, Wisdom, and Experience - makes all the difference.



On the Trail of the Buffalo

As a 20-year old, Kimberly, a white woman, received a Blackfoot blessing that framed her life's purpose. This keynote shares how a lifetime of struggles and successes inspired the lessons she shares with others.



What is Mine

Boundaries are critical in honouring what really matters and protecting mental health. This presentation teaches audiences to ask 2 critical questions to determine what is actually theirs to carry, and what belongs to someone else.

*"Kimberly is a phenomenal speaker and her keynote for our conference was **outstanding!** She masterfully encompassed the themes that had been conveyed during the conference while delivering inspirational stories and insights of her own. **She was powerful and moving.** Our attendees loved her!"*

*- Deb Bateman,
Empower International*

Additional Topics for Keynotes and Breakouts:
Resilience, Transformation, Leadership, Caregiving.

Great Reasons to Hire Kimberly

- 1. She's Memorable.** Kimberly's keynotes make audiences rave about your event! People remember her years later.
- 2. She customizes for your needs.** Kimberly's presentations are meaningful for your audience and relevant to your event goals.
- 3. She makes your life easier.** Kimberly provides everything you need ahead of schedule, arrives at your event early, needs minimal set-up, and engages with your audience pre and post presentation.
- 4. She's a partner in your success.** Kimberly is a team player who brings all she can to every event. She's even been known to step into the role of emcee or event planner on the fly when disaster strikes!
- 5. She's inspirational & engaging.** Kimberly changes lives. She authentically connects with audiences to have them laughing, crying, and reaching deep inside to discover what they really want out of life. **Kimberly provides the inspiration that every great event needs.**



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